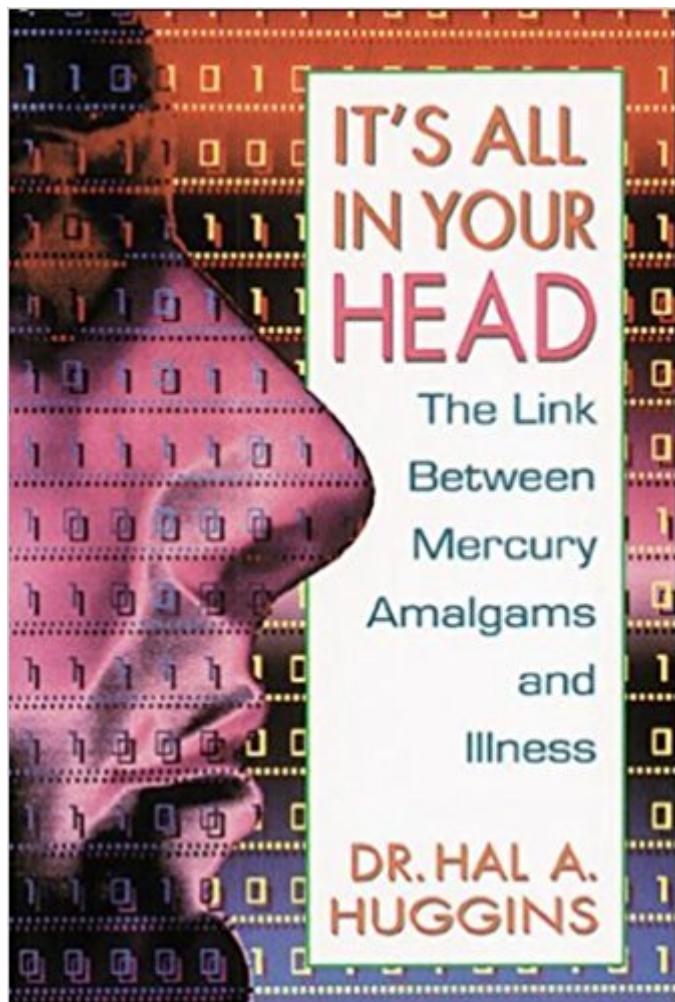


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# It's All In Your Head



## **Synopsis**

Dentist Huggins has led the fight to alert the public and health professionals to the dangers of using mercury in the amalgams used to fill teeth. Here he describes his battle with the American Dental Association and the results of his research studies. After explaining mercury toxicity, he describes such conditions as neurological and immunological diseases that can result from this toxicity. His discussion also includes the diagnosis of mercury toxicity and the pros and cons of having mercury amalgam fillings removed. He indicates that there are often no definitive answers in the diagnostic process and that the final proof of mercury toxicity is whether the patient feels better when mercury fillings are removed. A useful if very detailed look at a continuing health controversy.

## **Book Information**

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## **Customer Reviews**

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I used to live in Colorado. I had my fillings replaced by Hal Huggins himself many years ago. One of the single best things I've done for my health. This is a great book and an eye opener if you are not familiar with the subject. It's unfortunate that most people are not aware of this information. We don't think twice about materials that are more or less permanently imbedded into our bodies, and many of the materials used in dentistry are quite toxic. Hal Huggins is a very brave man to do the work he

does, but I don't suppose that is why he does it. Once you know the truth of something it's hard to keep quiet and hard to not do something about it.

The silver mercury dental fillings are often overlooked as a major health issue but they shouldn't be. From my own perspective, getting my nine mercury fillings removed a bunch of health issues. Get it done folks, do yourself a favor!

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